



Buffalo Rocket

COMMUNITY NEWS

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Curtain Up!



The Theatre District Association of Western New York will host the 33rd annual gala which showcases the Theatre District and all it has to offer.

Curtain Up!, the annual celebration of the opening of the Buffalo Theatre Season, will take place Friday, September 19th,

2014. This year's theme is Welcome Home To Main Street!

The 33rd annual celebration of the opening of

Buffalo's professional theatre season is presented by the Theatre District Association. Each year, Curtain Up! is a celebration of the opening of

Continued on page 3

September is National Preparedness Month

Disasters can strike at any time, and the American Red Cross encourages eligible donors to help their communities prepare for emergencies by giving blood during National Preparedness Month.

The mission of the Red Cross is to help the public prevent, prepare for and respond to emergencies. During National Preparedness Month, the Red Cross reminds Americans

to take simple steps to get ready for emergencies in their homes, workplaces and communities. One way to support this mission is



to become a regular blood donor.

A stable blood supply is central to ensuring patient needs are met in emergencies. Blood can take up to three days to be tested, pro-

cessed and made available for patients. It's the blood already on the shelves that can help save lives when disaster strikes.

Appointments to donate and help the Red Cross prepare for patient needs across the country can be made at www.redcrossblood.org. Information about other ways to help prepare for emergencies is available at www.redcross.org.

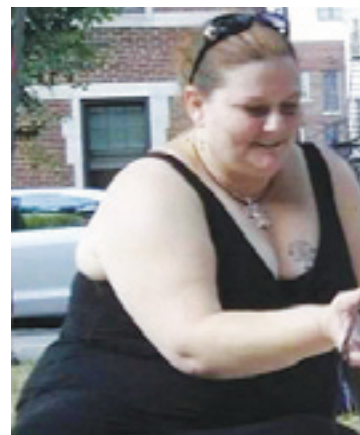
Continued on page 4

Bariatric Surgery is Anything But "The Easy Way Out"

Part 2 of a 2-part series continued from last week by Deanna Clohessy

In last week's segment, I discussed my decision to undergo Vertical Sleeve Gastrectomy (VSG) weight loss surgery and the reactions I received from my friends and family. While most were supportive, some expressed the opinion that I was taking "the easy way out," which, as I will discuss further, is not even close to being the case.

The first few days after my surgery were tough. I was in a lot of pain; the surgery was done laproscopically so I had several incisions in my abdomen. For the two days that I was in the hospital I could only have clear liquids: water, broth, juice, Jello...oh, so much JELLO. Once home, I graduated to "full liquids" like tomato soup and protein shakes for about a week after that. Then the following week I got to start eating pureed foods. I never thought I'd be excited to eat pureed fish, but there I was, enjoying it as if it were a gourmet meal. After a week of that, I could have



Before undergoing VSG. After photos on page 5.

soft solids like scrambled eggs and mashed potatoes, and then about six weeks after my surgery I took my first bite of solid food. Since then it's been a constant learning experience.

I'm full after just a few bites, so I have to make every calorie count. I must take in 80-100 grams of protein a day – something even someone with a normal sized stomach might have difficulty doing. I have to eat several times a day, which is sometimes a challenge because not only is my schedule crazy, I don't feel hunger like I used to.

I can't eat and drink simultaneously, so I have to

Continued on page 5

HNBBBA Monthly Meeting

Due to Primary Day, the monthly meeting for the Hertel North Buffalo Business Association has been postponed until Tuesday, September 16th

at 6:00 pm. We regret any inconvenience this may have caused.

As always, the meeting is open to all. Hope to see you Tuesday!



Local Weather

THURSDAY, SEPTEMBER 11



Scattered T-storms
High 71°
Low 52°

FRIDAY, SEPTEMBER 12



Partly Cloudy
High 63°
Low 49°

SATURDAY, SEPTEMBER 13



Showers
High 66°
Low 48°

SUNDAY, SEPTEMBER 14



Partly Cloudy
High 62°
Low 46°

MONDAY, SEPTEMBER 15



Mostly Sunny
High 66°
Low 49°

TUESDAY, SEPTEMBER 16



Partly Cloudy
High 68°
Low 49°

WEDNESDAY, SEPTEMBER 17



Partly Cloudy
High 68°
Low 51°

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Cafe Allegro 1374 Hertel Avenue
Caramici's..... 1501 Hertel Avenue
Caruso's Food..... 1212 Hertel Avenue
Century 21..... 1705 Hertel Avenue
Corner Store..... 2815 Delaware Avenue
Daddio's Pizzeria..... 1247 Hertel Avenue
Dash's Supermarket..... 1770 Hertel Avenue
Delaware YMCA..... 2564 Delaware Avenue
European Continental
Hair Design..... 1129 Kenmore Avenue
First Niagara Bank..... 2141 Elmwood Avenue
First Niagara Bank..... 1726 Hertel Avenue
Frank's Sunny Italy..... 2491 Delaware Avenue
Gallagher Printing..... 1249 Hertel Avenue
Ginnane Funeral Home..... 3215 Delaware Avenue
Gloria J. Parks
Community Ctr..... 3242 Main Street
Hertel News &
Tobacco Shop..... 1416 Hertel Avenue
Hertel Park Senior
Apartments..... 1631 Hertel Avenue
Hertel Parker Liquors..... 1859 Hertel Avenue
Imagine Salon..... 1527 Hertel Avenue
Johnny's Meats..... 1191 Hertel Avenue
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Key Bank..... Delaware/Hertel Plaza
Knights of Columbus..... 1530 Kenmore Avenue
Korona Jewelers..... 1588 Hertel Avenue
Lake Effect Diner..... 3165 Main Street
Lonestar fajita Grill..... 1857 Hertel Avenue
Marco's Deli..... 1744 Hertel Avenue
Mustachio's Pizza..... 2701 Elmwood Avenue

WEST SIDE

Baptist Manor 276 Linwood Avenue
Between Yesterday
& Tomorrow..... 88 Grant Street
Buffalo State College... 1300 Elmwood Avenue
Dibble Hardware..... 262 W Ferry Street
Buffalo Public Library..... Niagara at Porter
CWJ Lock & Key..... 183 Forest Ave
Concerned Ecumenical
Ministry..... 286 Lafayette Avenue
Casa di Pizza..... 477 Elmwood Avenue
Corner Store..... Forest & Grant

DELTA

Delaware Apartments..... 1217 Delaware Avenue
Elmwood Square
Apartments..... 505 Elmwood Avenue
Ferry Street Laundry..... 277 West Ferry Street
Frontier Liquor &
Beverage Center..... 121 Grant Street
First Niagara Bank..... Elmwood at W. Utica
M&T Bank..... 130 Grant Street
Paiden International..... 81 Grant Street
Santasio's..... 1329 Niagara Street
Timon Towers..... 1015 Delaware Avenue
Trinity Tower
Apartments..... 33 Linwood Avenue
West Market..... 1032 West Avenue
West Side Community
Center..... Vermont at Fargo
YWCA..... Grant Street

RIVERSIDE

AmVets..... 25 Review Place
Black Rock Beverage..... 538 Hertel Avenue
Boys & Girls Club..... 54 Riverdale Avenue
D District Police Station..... 669 Hertel Avenue
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First Niagara..... 201 Amherst Street
M&T Bank..... 788 Tonawanda Street
Nickel City Bottle Return..... 2209 Niagara Street
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Center..... 155 Lawn Avenue
Riverside Cafe..... Tonawanda Street
Riverside Marketplace..... 740 Tonawanda Street
Roland Cannizzaro
Insurance Agency..... 432 Amherst Street
West Hertel Liquor..... 699 Hertel Avenue

The Adventures of... Rocket Man

by Doug Smith



Sunday in Orbit

Rocket Man's log Sunday Sept. 7, 2014...

10:40 am - insert roast, lift off.

11:01 - Church. Late docking.

1:40 pm - Still in church. Parishioner has brought 14 pies to feed 40 people. No loaves and fishes? Missing football, who cares, Bills doomed by Bears.

1:41 - Lift off. Click on radio. Bills ahead 10-7.

1:55 - Touch down at deserted produce stand south of Lockport. Leave \$10.25 in slot for corn, garlic, peaches, tomatoes. Four other craft dock as we lift off. Bills ahead 17-7.

2:05 - Another produce stand north of Lockport. Awash in peaches. Attendant cheerily volunteers to carry bushel to vehicle, says how much he enjoys the work. Customer stares at Rocket Man and First Mate, grits teeth, asks if they write column. Gushes. Lovely lady. Halftime, Bills 17-7.

2:40 - Touch down at Murphy's Orchards near Newfane. Little produce, but well-preserved site of Underground Railroad hiding place from 160

years ago. Scary, sad, informative. Bills have "let that lead get away, 17-17." 3:10 - In-flight meal at Bye's Popcorn near Olcott. First vehicle to arrive but a dozen there on departure. Does Rocket Man attract crowds? Bills ahead 20-17.

3:25 - Had heard Olcott's Kappus Farms had declared peach season over. Can't believe. Drift there, threatened by angry driver in pickup, noisily passing on double solid. Where's the police? And where's the peaches? Kappus has indeed closed for the year. The pits. Set course for home, don't need any more peaches anyway.

3:35 - Stop for peaches at Zehr's, Route 18, Olcott. Proprietor is merrily handing out sample slices. Juices ease the friction of the popcorn. Download both firsts and seconds, must be 100 peaches in the vehicle now. Chicago at second and one on Bills' 24. Deactivate radio.

4:05 - Approaching Dickersonville, more letters in its name than people in the settlement. Tune

in for post-game post mortem. "Jackson to the 30, the 20, the 10..." Rocket Man tells First Mate "It's over no matter what happens." Touchdown denied. Rocket Man prophesies: "Bills will kneel to reposition the ball, then deliberately take penalty to give kicker shallower angle."

4:07 - Bills kneel, dawdle, kick field goal.

4:25 - Refuel on reservation, \$3.51 although sign said \$3.56. Would go to Wagner's on Lockport Road except Wagner's is closed Sundays and vehicle's produce load exceeds capacity.

4:35 - Wagner's is open. Download onions, yellow beans, small potatoes and miniature pies.

4:45 - Chance encounter with Amtrak at Ward Road, 98 minutes late, Rocket Man calculates.

4:46 - Niagara Falls afire. Detour to investigate.

4:50 - Much smoke, no visible flames. Tires, it turns out. Such an odor!

5:15 - Return to base. Roast ready. Add onions, tomatoes, small potatoes, corn, yellow beans.

7:00 - Dessert. Pie.

7:30 - Reconnoiter Supermoon shinnying up girders of Grand Island Bridge. Looks just like fresh peach pie. Over and out.

Return fire to Rocket Man via pollyndoug@hotmail.com

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Curtain Up! Features Gala, Performances, Street Party

From page 1
Up! is held in Buffalo's historic Theatre District and is theatrically designed in three acts:
Act I: Start the evening with cocktails and dinner at any of the Theatre District's fine restaurants or attend the elegant black-tie Gala Dinner held on the majestic main stage of Shea's Performing Arts Center. This year features Buffalo native and legendary jazz great Bobby Militello and the Militello Family
Act II: After dinner, catch a show at one of 19 of the Buffalo area's outstanding professional theatres (schedule to follow). Curtains rise promptly at 8:00 pm.
Act III: When the curtains fall, the Theatre District street party goes into full gear featuring live music, dancing, street performers and surprises! It goes until 1:00 am, and it's all free! For more information go to www.tdaofwny.com
Curtains rise promptly at 8:00 pm. Seating is limited, so make reservations today!

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www.artofwny.org
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Buffalo Laboratory Theatre
www.buffalolabtheatre.org
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by Johnna Adams
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Irish Classical Theatre Company
www.irishclassicaltheatre.com
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adapted by David Ives
716-853-ICTC (4282)

The Kavinsky Theatre
www.kavinskytheatre.com
OVER THE TAVERN
by Tom Dudzik
716-829-7668

Lancaster Opera House
www.LancOpera.org
FIDDLER ON THE ROOF,
Book by Joseph Stein, Music by Jerry Bock, Lyrics by Sheldon Harnick
716-683-1776

MusicalFare Theatre
www.musicalfare.com
THE DROWSY CHAPERONE
Book by Bob Martin and Don McKellar; Music and lyrics by Lisa Lambert and Greg Morrison
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New Phoenix Theatre On The Park
www.newphoenixtheatre.org
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AIN'T WE GOT FUN!
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King Crossword

ACROSS	1	2	3	4	5	6	7	8	9	10	11
1	Physicist										
5	One										
8	Enervates										
12	Sheltered										
13	Tray										
	contents										
14	Small										
	gunjira										
15	Authentic										
16	Ultramodernist										
17	On in years										
18	Senility										
20	Beige										
22	Super-natural										
26	Lumber										
29	Party bowlful										
30	Swelled head										
31	Mature										
32	Half dozen										
33	Up to one										
34	Machievous										
	kid										
35	Expert										
36	Expenditure										
37	Drop cloths?										
40	Choir member										
41	Oliver Twist										
	raj										
45	Use scissors										
47	Legislation										
49	Centennial coin										
50	Luxurious										
51	Hearty hew										
52	Anthony's										
	love, for										
	short										
53	Woofy										
54	Cisuncumber										
55	Chore										
8	Beale										
	surname										
9	Quarrel										
10	Chart format										
11	Turf										
14	Petro										
21	File-										
23	Farewell										
24	Enthusiastic										
	plus										
25	Timex wall										
26	Czech										
27	South										
	American										
	capital										
28	Assess										
37	Learned one										
33	Colonel										
	Mustard, for										
35	Performance										
36	"- the										
	ramparts "										
38	Greek leader										
39	Haule										
	behind										
42	stand										
	entertain										
	mont										
43	War god										
44	Secluded area										
45	Hydrotherapy venue										
46	Neither mate										
48	"The Greatest"										

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Where to Donate Blood in September

From page 1

Following is the schedule of available dates and times to donate blood in Buffalo.

Tuesday, September 16th

12:15 pm - 6:45 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Wednesday, September 17th

10:00 am - 3:00 pm: UB South Harriman Hall, 3435 Main Street, Buffalo.

Thursday, September 18th

8:15 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

9:00 am - 1:00 pm: Goodwill Industries of WNY, Inc., 1119 William Street, Buffalo.

Friday, September 19th

8:15 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Saturday, September 20th

8:00 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Sunday, September 21st

8:00 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Monday, September 22nd

10:00 am - 3:00 pm: Trocaire College, 360 Choate Ave, Buffalo, NY 14220

10:00 am - 4:00 pm: Canisius College, 2001 Main Street, Buffalo, NY 14208

12:00 pm - 6:45 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Tuesday, September 23rd

9:00 am - 2:00 pm: Travelers Insurance, 60 Lakefront Boulevard, Buffalo.

10:00 am - 4:00 pm: Canisius College, 2001 Main Street, Buffalo.

12:00 pm - 6:45 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Wednesday, September 24th

9:00 am - 2:30 pm: Veterans Affairs Hospital, 3495 Bailey Avenue, Buffalo.

Thursday, September 25th

8:00 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Friday, September 26th

8:00 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

11:00 am - 3:00 pm: Buffalo & Erie County Library, 1 Lafayette Square, Buffalo.

Saturday, September 27th

8:15 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Sunday, September 28th

8:15 am - 1:15 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Monday, September 29th

12:15 pm - 6:45 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

Tuesday, September 30th

12:15 pm - 6:45 pm: Buffalo Blood Donation Center, 786 Delaware Avenue, Buffalo.

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Life After Weight Loss Surgery is a Constant and Worthwhile Learning Experience

From page 1

time my meals and my beverages accordingly. I have reminders on my phone that go off at intervals to help me with that, because if I don't maintain proper levels of protein and hydration, I run into problems like muscle cramps and hair loss.

I had surgery on my stomach, but not on my brain – I still *want* to eat candy and pizza and donuts. If I'm not full of healthy stuff, I risk slipping back into old habits – and this is why some weight-loss surgery patients do gain the weight back. Even after having most of my stomach removed I still have to maintain a healthy diet, be conscious of making nutritionally sound choices, and exercise regularly. Only now I have to incorporate meticulous planning, too. The surgery was simply a tool; it's my responsibility to use it correctly – and that takes WORK. So much for being the easy way out.

Some foods don't agree with me anymore. I had to give up carbonation completely – no pop, no beer...I can't even participate fully in a champagne toast. Bread gets stuck. Sugar, which I'd become accustomed to consuming in copious amounts before, makes

me feel instantly like I've been hit by a bus. And it's not just the unhealthy stuff; cucumbers, for example, come right back up. Who knew?

When I eat out I have to eat very slowly or I'll be done well before everyone else, which is awkward. And no matter what I eat, sometimes just one bite too many is enough to put it over the top. I have to be extremely aware of my signals and have learned to really listen to my body. More importantly I've had to learn to OBEY it.

I lost 122 pounds and eight dress sizes, but what I have gained is much more impressive. I have gained FREEDOM. Freedom from twice-daily corticosteroid inhalations. Freedom from constant joint pain. Freedom from chronic fatigue. Freedom from self-consciousness. Freedom from chest pain and shortness of breath and soaking sweat from the smallest exertion.

I can say with unwavering confidence that I have ZERO regrets. There are many modifications and concessions I've had to make, but there is absolutely nothing that I've experienced that has ever made me stop and question my decision. Even the pain afterward, the recovery

time, all that damn JELLO...I'd do it all again, in a heartbeat, because nothing trumps how I feel now.

For the first time in my life, I feel strong inside and out. I feel confident and healthy. I wake up in the morning and I don't feel like I'm twice my age. I sleep better. I breathe better. I have loads of energy. Shopping for clothes is FUN again! Those were all expected benefits. Then there

were the unexpected pluses that I hadn't even taken into consideration, like the fact that I actually love to exercise! If anyone had told me a few years ago that I would be working out four times a week, some days as early as 6:00 am, I'd have scoffed. I smile a lot more. People tell me, "you're always so happy!" And I am. I'm happy to be healthy. I'm happy to be alive.

Indeed, my life is re-

markably different after my surgery, and in myriad ways it's far better than I'd imagined. But it has been anything but "easy," and I still have to work hard to utilize the tool. Monitoring my nutrition and fitness takes a lot of work, coordination, planning, and prioritizing, as does *any* weight-loss program. Weight Loss Surgery is not the "easy" way out, but it was the way that finally worked for me.



Progress: These photos were taken at 8-12 week intervals, beginning a few days before my Vertical Sleeve Gastrectomy procedure. The last photo was taken on the one-year anniversary of my surgery date.



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The Blotter Felonies

From "D" District

North Buffalo

September 2, 2014

Hinman Ave. – Complainant reports that he gave the proprietor of an auto shop \$4,000 cash to repair his classic vehicle. Upon returning to site, complainant found the shop to be deserted, phone disconnected and his vehicle up on a jack with tires missing.

September 5, 2014

Tacoma Ave. – Complainant reports that his vehicle was damaged and entered by unknown person(s). Taken, without permission, a wallet containing a passport, Nexus cards, driver's license, credit cards and debit cards.

September 6, 2014

Humboldt Pkwy. – Complainant reports that un-

known person(s) entered her apartment while she was out and spilled cooking oil all over her cupboard and countertop.

West Side

September 4, 2014

Grant St. – Complainant reports that while his vehicle was parked on the street it was damaged to gain entry. While inside the vehicle unknown person(s) took, without permission, a black wallet containing driver's license, credit cards, benefit card. Also taken, one cell phone.

September 6, 2014

Putnam St. – Complainant reports that unknown person(s) did attempt to gain entry into his garage. While doing so, did damage to the door by pulling it off the tracks.

September 7, 2014

West Ferry St. – Complainant reports that the defendant, her sister, did through a vase at her head. While missing, it hit a window, causing it to break.

September 7, 2014

Elmwood Ave. – While responding to priority call of a knife fight, officers had lights and sirens activated. Defendant stepped in front of the patrol vehicle while it was approaching him, causing them to have to stop. Defendant proceeded to cross the street very slowly, detaining the officers. Defendant proceeded to display his middle fingers to the officers in full public view.

Riverside

September 4, 2014

Tonawanda St. – Complainant reports for store that he manages that the defendant concealed three bottles of laundry detergent in his pants and passed all points of purchase without paying. Defendant was detained in parking lot.

September 6, 2014

Thompson St. – Complainant reports that a known person forcibly took her backpack that contained her phone and personal papers.

September 9, 2014

Roesch Ave. – Complainant reports that unknown person(s) did move the recycling tote under window to gain access to residence. While inside, suspect did take, without permission, \$11,000.

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Buffalo Porchfest Returns for Fall Event

The Elmwood Village Association is pleased to announce Buffalo Porchfest Fall 2014, taking place on Saturday, October 4th, from 1:00 pm to 6:00 pm in the Elmwood Village area. This is the third Buffalo Porchfest event; the first ever Buffalo Porchfest took place last year on October 5, 2013.

Buffalo Porchfest is a grassroots event with the goal of showcasing local musicians and historic homes, while providing an afternoon of free music and fun for the whole neighborhood. Out of respect for the neighborhood, musicians will play music appropriate for all ages at unplugged sound levels. The Elm-

wood Village Association is excited to welcome such a community-focused and community-driven event, seeing Buffalo Porchfest as a perfect fit for the strong and eclectic Elmwood Village neighborhood. The Elmwood Village Association encourages neighbors to walk and bike around the neighborhood on Saturday, October 4th to explore the musical talent of local artists and the historic beauty of many Elmwood Village homes.

Buffalo Porchfest Fall 2014 promises to be the biggest and most musical. To learn more about the event and how to sign-up to participate, visit www.buffaloporchfest.org.



Musicians entertain spectators in Elmwood Village during Buffalo Porchfest, a grassroots, family-friendly event presented by the Elmwood Village Association. The event returns for the third time this fall and promises to be the biggest Porchfest yet.

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The Grapevine

The Bud Bakewell Bruins Hockey Association will be hosting a Basket Raffle on Saturday, September 13th from 5 -9 pm, at the American Legion Post 1041, 523 Amherst St., Buffalo. There will be a spaghetti dinner and drinks, a raffle for a flat screen TV and sports memorabilia, a basket raffle, and live music featuring the JB Aaron Band. Tickets are \$10 at the door and all are welcome.

The Museum of disABILITY History will present its latest Person First Forum, hosted by Starlight Studio and Art Gallery director Carrie Marcotte, Teaching Artist Maggie Parks, and six participating artists. The event, entitled "Six Minds – Two Ways to Beauty" will take place on Saturday, September 13th from 1 pm

to 2:30 pm at 3826 Main Street in Buffalo. A panel discussion will be held to highlight their creative work with local media arts company, Squeaky Wheel. Two short films, which are the result of this partnership, will be screened for attendees. An exhibition of student art will also be on display. Admission to the Person First Forum is free, regular admission applies for those who wish to tour the Museum of disABILITY History. For more info or for reservations, please call 629-3626.

Free Rabies Clinics will be offered by the Erie County Department of Health on Tuesday, September 16th from 4 pm to 7 pm at the Springville Fire Company located at 405 W. Main Street in Springville, and on Wednesday, September 24th from 4

pm to 7 pm at the West Seneca Highway Garage, 39 South Avenue in West Seneca. Shots are offered for dogs, cats, and ferrets. Bring pets on a leash or in a carrier, and bring a copy of pet's vaccination record if possible. Call the ECDH for more information at 961-6800 or visit www.erie.gov/health.

The Rotary Club of Buffalo is holding its annual Enchanted Evening on Thursday, September 18th from 5:30 pm to 8:30 pm at one of the hottest new spaces in town - Silo City, located at 120 Childs Street in Buffalo. Event will happen rain or shine and will include awesome food trucks, wine, beer, great music, and tours of the monumental grain elevators conducted by Explore Buffalo. For more information call Brian at 626-7350 or Chris at 651-4876, or visit www.buffalonyrotary.org.

The IMAGINE Lecture Series at the Downtown Buffalo Central Library is held on Tuesdays from noon to 1:00 pm next to Fables Cafe, located at 1

Lafayette Square.

On September 16th the subject will be History/Future. From noon to 12:30 pm: "IMAGINE The Arts as Our Universal Language: In Pursuit of Happiness" featuring "Tocqueville and the American Experiment: Freedom of the Press," The Great Courses Video #11 presented by Professor William R. Cook, SUNY Geneseo. From 12:30 pm to 1:00 pm: "IMAGINE The War of 1812: Appreciating Peace on the Niagara Frontier" presented by Doug Kohler, Erie County Historian.

This event is free and open to the public. Call 858-8900 for information.

The Arbor Day Foundation will give 10 free trees to everyone who joins in September as part of the Foundation's Trees for America program.

Everyone joining this month will receive an eastern redbud, white pine, sugar maple, white flowering dogwood, pin oak, red maple, river birch, silver maple, northern red oak and Colorado blue spruce. "This group of trees was carefully selected to yield year-round benefits in New York, including beautiful

spring flowers, cool summer shade, spectacular autumn colors and winter berries and nesting sites for songbirds," said Matt Harris, chief executive of the Arbor Day Foundation.

The trees will be shipped postpaid at the right time for planting between October 15th and December 10th. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge. Easy-to-follow planting instructions are enclosed with each shipment of trees, along with a copy of The Tree Book, which includes information about planting and care.

To receive the 10 free trees, send a \$10 membership contribution to Ten Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by September 30th, 2014, or join online at arborday.org/september.

The NAMI Homefront class for families of veterans dealing with mental illness, post-deployment and transition issues will be held on Tuesday afternoons, 2-4:30 pm, beginning September 23rd and ending on November 4th at the Buffalo VA Medical

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O Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance.

Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude pray for us and all who invoke your aid. Amen.

J.V.C.

THANKSGIVING NOVENA TO ST. JUDE

O Holy St. Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance.

Help me in my present and urgent petition. In return I promise to make your name known and cause you to be invoked. St. Jude pray for us and all who invoke your aid. Amen.

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Homefront includes a focus on the particular needs of military families in addressing a multitude of topics. NAMI courses are tailored for parents, siblings, spouses, teenage and adult children, and significant others of persons who have severe and persistent mental illness. They are not designed for individuals who themselves have one of the major mental illnesses.

NAMI education courses are offered to the community at no cost, and all educational materials are provided. For more information, or to pre-register, call 226-6264.

NAMI's next Family-to-Family class will begin Monday, September 22nd and run every Monday evening from 5:30 to 8:00 pm through December 8th. Pre-registration is required. Call 226-6264.

BBB of Upstate New York is again offering prevention education and free shredding services, an im-

portant first line of defense against identity theft, at their annual "Secure Your Identity Day," October 11th. BBB will host events in Buffalo, Rochester and Syracuse.

Spooktacular Days at the Buffalo Zoo is a new Halloween event debuting this year, replacing Howl-o-ween Hayrides at the Zoo. The event is designed to be fun and friendly rather than frightful, offering an early, safe, and fun Halloween experience for children of all ages. Spooktacular Days runs October 17th through the 19th and October 24th through the 26th. Activities will run from 4 pm until 7 pm on Fridays, and 12 pm until 3 pm on Saturdays and Sundays.

For the cost of regular Zoo admission, plus an additional \$5, guests can partake in activities including indoor treat stations, Halloween-themed games, and free train and carousel rides, and conclude with the fall favorites of donuts and apple cider. For tickets or information, visit www.buffalozoo.org or call (800) 838-3006.

Elder Law Day 2014 will be held on Thursday, October 23rd at 9:00 am at the Adam's Mark Hotel in Buffalo. Check-in begins at 8:00 am and walk-ins are welcome. There is no charge for parking in the Adams Mark Ramp.

The annual event is open to the public and will feature prominent elder law attorneys leading seminars on topics of interest to seniors, caregivers and aging service professionals. Topics will include wills and estate planning; Medicare & Medicaid plans; Medicaid & long term care; scams and identity theft; Veteran's benefits; Elder Abuse and mistreatment. There is no charge for Elder Law Day; however, a voluntary contribution of \$5.00 is suggested and pre-registration is required. You may pre-register for the legal consultations by calling Legal Services for the Elderly at 853-3087, Ext. 213.

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LEGAL

SUPREME COURT OF THE STATE OF NEW YORK – COUNTY OF ERIE
INDEX #605205/12 FILED: 7/24/2012
SUPPLEMENTAL SUMMONS AND NOTICE

Plaintiff designates ERIE County as the place of trial. Venue is based upon the County in which the mortgage premise is situated.

U.S. Bank National Association not in its individual capacity, but solely as Legal Title Trustee for LVS Title Trust I, Plaintiff(s)
-against-

Unknown heirs at law of Dennis Kimmith, and if they be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or generally or specific lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors; administrators devisees, legatees, creditors, trustees, committees, lienors, and assigns, all of whom and whose names, except as stated, are unknown to plaintiff; Brttany Telleli; Cynthia Kimmith; Dennis Kimmith Jr.; Marta Kimmith; Shelly Kimmith; Stephanie Kimmith, THE ESTATE OF DENNIS W. KIMMITH A/K/A DENNIS KIMMITH, NATIONAL CITY BANK, The People of the State of New York, The United States of America, and “JOHN DOE #1,” through “JOHN DOE #12,” the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises being foreclosed herein, Defendant(s).

TO THE ABOVE NAMED DEFENDANTS: NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME IF YOU DO NOT RESPOND TO THIS SUMMONS AND COMPLAINT BY SERVING A COPY OF THE ANSWER ON THE ATTORNEYS FOR THE MORTGAGE COMPANY WHO FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME. SPEAK TO AN ATTORNEY OR GO TO THE COURT WHERE YOU CASE IS PENDING FOR FURTHER INFORMATION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY. SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP THIS FORECLOSURE ACTION. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT. YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not serviced with this summons, to serve a notice of appearance on the Plaintiff’s attorney within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York); The United States of America, if designated as a Defendant in this action, may appear within (60) days of service thereof and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT: THE OBJECT of the above captioned action is to foreclose on a mortgage, dated July 26, 2006, executed by the defendant, Dennis W. Kimmith a/k/a Dennis Kimmith, as mortgagor, to Mortgage Electronic Registration Systems, Inc., as nominee for Home Funds Direct, its successors and assigns, as mortgagee, to secure the sum of \$120,500.00, which mortgage was duly recorded in the Erie County Clerk’s Office on August 16, 2006 in book 13307 Page 283. Said mortgage was assigned from Mortgage Electronic Registration Systems, Inc., as nominee for Home Funds Direct, its successors and assigns to JPMCSpecialty Mortgage LLC f/k/a WM Specialty Mortgage LLC and an Assignment of Mortgage was dated May 24, 2012 and recorded in the Clerk’s Office where the property is located on June 28, 2012 in Liber/Reel/Book/Instrument/CRFN 13588 at Page 896 of Mortgages. Said mortgage was further assigned from JPMC Specialty Mortgage LLC fka WM Specialty Mortgage LLC to U.S. Bank National Association not in its individual capacity, but solely as Legal Title Trustee for LVS Title Trust I, and the Assignment of Mortgage was dated May 8, 2013; and recorded in the Clerk’s Office where the property is located on July 18, 2013 in Liber/Reel/Book/Instrument/CRFN 13645 at Page 3711 of Mortgages. Said premises known as 42 Parktrail Lane, Buffalo, NY 14227 (Section 114.18 Block 3 Lot 7). The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt described above. To the above named Defendants: The foregoing summons is served upon you by publication pursuant to an order of the Hon. John A. Michalek, a Justice of the Supreme Court of the State of New York, and filed along with the supporting papers in the Office of the Clerk of the County of ERIE on June 17, 2014. This is an action to foreclose on a mortgage. ALL that parcel of land in Erie County, State of New York, Town of Cheektowaga. SECTION 114.8 BLOCK: 3 LOT: 7 said premises known as 42 Parktrail, Buffalo, NY 14227. YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. By reason of the default in the payment of the monthly installment of principal and interest, among other things, as hereinafter set forth, Plaintiff, the holder and owner of the aforementioned note and mortgage, or their agents have elected and hereby accelerate the mortgage and declare the entire mortgage indebtedness immediately due and payable. The following amounts are now due and owing on said mortgage, no part of any of which has been paid although duly demanded: Entire principal Balance in the amount of \$108,877.96 with interest from December 1, 2011 at the current interest rate of 7.45%. UNLESS YOU DISPUTE THE VALIITY OF THE DEBT, OR ANY PORTION THEREOF, WITHIN THIRTY (30) DAYS AFTER YOUR RECEIPT HEREOF THAT THE DEBT, OR ANY PORTION THEREOF, IS DISPUTED, THE DEBTOR JUDGMENT AGAINST YOU AND A COPY OF SUCH VERIFICATION OR JUDGMENT WILL BE MAILED TO YOU BY THE HEREIN DEBT COLLECTOR. IF APPLICABLE, UPON YOUR WRITTEN REQUEST, WITHIN SAID THIRTY (30) DAY PERIOD, THE HEREIN DEBT COLLECTOR WILL PROVIDE YOU WITH THE NAME AND ADDRESS OF THE ORIGINAL CREDITOR. IF YOU HAVE RECEIVED A DISCHARGE FROM THE UNITED STATES BANKRUPTCY COURT, YOU ARE NOT PERSONALLY LIABLE FOR THE UNDERLYING INDEBTEDNESS OWED TO PLAINTIFF/CREDITOR AND THIS NOTICE/DISCLOSURE IS FOR COMPLIANCE AND INFORMATIONAL PURPOSES ONLY.

HELP FOR HOMEOWNERS IN FORECLOSURE New York State requires that we send you this notice about the foreclosure process. Please read it carefully. **SUMMONS AND COMPLAINT** You are in danger of losing your home. If you fail to respond to the summons and complaint in this foreclosure action, you may lose your home. Please read the summons and complaint carefully. You should i mediately contact an attorney or your local legal aid office to obtain advice on how to protect yourself. **SOURCES OF INFORMATION AND ASSISTANCE** The State encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid, there are government agencies, and nonprofit organizations that you may contact for information about possible options, including trying to work with your lender during this process. To locate an entity near you, you may call he tollfree helpline maintained by New York state Banking Department at 1877BankNYS or visit the Department’s website at www.banking.state.ny.us

FORECLOSURE RESCUE SCAMS Be careful of people who approach you with offers to “save” your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner’s distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. Section 1303

NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving the copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you may lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. **YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF MORTGAGE COMPANY) AND FILING AN ANSWER WITH THE COURT.**

SHELDON MAY & ASSOCIATES, Attorneys for Plaintiff,
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Puzzle on page 3

LEGAL

SUPPLEMENTAL SUMMONS

INDEX NO. 802830/2013 Date Filed: 8/5/2014

SUPREME COURT OF THE STATE OF NEW YORK

COUNTY OF ERIE

Plaintiff designates Erie County as the place of trial. Venue is based upon the County in which the mortgaged premises is situated. MidFirst Bank, Plaintiff, - against- Charles R. Barton, if living and if any be dead, any and all persons who are spouses, widows, grantees, mortgagees, lienor, heirs, devisees, distributees, or successors in interest of such of the above as may be dead, and their spouses, heirs, devisees, distributees and successors in interest, all of whom and whose names and places of residences are unknown to Plaintiff, United States of America- Internal Revenue Service, New York State Department of Taxation and Finance, Defendants.

TO THE ABOVE NAMED DEFENDANT(S): YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your Answer or, if the Complaint is not served with this Summons, to serve a Notice of Appearance on the attorneys for the plaintiff within twenty (20) days after service of this Summons, exclusive of the day of service (or within thirty (30) days after service is complete if this Summons is not personally delivered to you within the State of New York). In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT

THE OBJECT of the above captioned action is to foreclosure a Mortgage to secure \$43,477.00 and interest, recorded in the Office of the Clerk of the County of Erie on May 25, 2007, in Book 13352, Page 5120, covering premises known as 127 Poultney Avenue, Buffalo, NY 14215. The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above. NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. **YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.**

DATED: Williamsville, New York, July 21, 2014

BY: Stephen J. Wallace, Esq.

FRENKEL, LAMBERT, WEISS, WEISMAN & GORDON, LLP

Attorneys for Plaintiff

53 Gibson Street

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