

Publishers of North Buffalo Rocket, West Side Times & Riverside Times

Healthy Buffalo



Participates in the Beginners Hoops Camp are: Santana Haynes, Kya Banks, Randy Martin Jr., Ana Rodriguez, Aubrey Jones, Henry Tuohey, Noah Lundquist, Max Catalano, Sebastian Schmidbauer, Arthur Kirsch, Luke Kuwik, Ja'Nel Lopez-Foster, Saleem McGrath, Martin Boyd, Avery Alvira, Javier Gonzalez, Bennett Faso, Chasen Frazier, Jase Dullen, Christian Esposito, Larry Palmer Jr., Cameron Dougherty, CJ Washburn. Instructors are Sean Tuohey on the left, Chas Kirsch on the right.

With the upcoming Kid's Day on January 26th at the Knights of Columbus, 1530 Kenmore Ave, Buffalo, Healthy Buffalo is putting together an event that offers an affordable and fun afternoon that the whole family can get involved in. Kids ages 4 through 12 have the opportunity to participate in a variety of sports activities. There will be a team filming an exciting recap of the days festivities, individual, group and action shots of all the kids, and your child will be introduced to a host of different sports and activities. It is a great opportunity for kids of all different ages to get out, be active, make some friends, and take part in *Continued on page three.*

H.O.P.E. Youth Summit

The H.O.P. E. Youth Summit will be coming to Buffalo to provide youth education, career opportunity after High School, and the unique chance to help develop Buffalo's first youth coalition to promote positive community change.

Ěrie Čounty Restorative Justice Coalition, West Side Youth Development Coalition, West Side Black Rock-Riverside Neighborhood Housing Service, and Renovation Church will host the event, starting with a Kickoff from 10 am to 2 pm on January 26th at Renovation Church, 567 Hertel Avenue, Buffalo. The Kickoff event will provide high school-aged



youth throughout the area a unique tabling experience, where they will learn about the diverse opportunities offered in

Western New York, from local college faculty and business professionals, such as Amazon employees, who will also provide resume assistance. In addition, there will be entertainment from local talents, such as Christian Rapper Kyria and Poet Solomon Dixon, and there will also be giveaways. Admission is free and breakfast and lunch will be provided.

This summit will continue with four weeks of youth education, in part-*Continued on page three.* Vol. L ISSUE No. 3 • Thursday, January 17, 2019

Pet Adopt-A-Thon Local animal rescues, stop shopping experience

Local animal rescues, fostering networks, animal shelters, and WNY's pet loving community will come together in partnership with the Erie County Health Department on Saturday, February 9th from 10 am until 3 pm at the Pvt. Leonard Post, 2450 Walden Avenue in Cheektowaga, to help dogs and cats get adopted into loving

homes.

collaborative effort between local

shelters, animal groups, rescues and foster networks, hosting a fun festive atmosphere to adopt out a substantial number of animals in a limited period of time. This event will take place in partnership with the Erie County Health Department and feature fun, family friendly activities, prizes and raffles.

of the and registration cour-9th tesy of the Erie County pm Health Department, and Post, an adopter goodie bag. e in There are millions of dogs pets that will end up in into shelters in North America this WNY'S y e a r.

to potential adopters looking to fall in love and bring

home a new best friend.

Every pet adopted will receive a free microchip

ica this y e a r. A b o u t half of t h o s e pets will be eutha n i z e d

due to overpopulation. Every pet adopted at this event will mean two lives were saved. The pet that has been adopted and the one that will fill the space created for whether it be at a local shelter, within a loving foster home or safely in the hands of a rescue. This event will build awareness to the plight of homeless pets and help to save lives.

This will offer a one

Emergency Need

A donation shortfall over the winter holidays is prompting the American Red Cross to issue an emergency call for blood platelet donors to give now to prevent a blood shortage from continuing throughout winter and affecting patient care.

"Many people may not realize that blood products are perishable, and the only source of lifesaving blood for patients is volunteer blood donors," said Cliff Numark, senior vice president, Red Cross Biomedical Services. "When donations decline – as they did around the holidays and may further decline if severe winter weather and flu season pick up – lifesaving medical treatments could be

delayed." Right now, the Red Cross has less than a three-day supply of most blood types on hand, well below the ideal five-day supply needed to respond to emergencies and daily hospital needs. Blood products are currently being distributed to hospitals faster than donations are coming in. "We hope people can resolve to save lives now – when there is an emergency need – as well as throughout the year," added Numark.

Eligible donors can find a blood or platelet donation opportunity and schedule an appointment to donate by using the free Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

Local Weather								
THURSDAY, JANUARY 17	FRIDAY, JANUARY 18	SATURDAY, JANUARY 19	SUNDAY, JANUARY 20	MONDAY, JANUARY 21	TUESDAY, JANUARY 22	WEDNESDAY, JANUARY 23		
Cloudy High 29° Low 25°	Cloudy High 31° Low 18°	Snow High 20° Low 10°	Snow Showers High 13° Low -2°	Cloudy High 10° Low 4°	Cloudy High 27° Low 24°	Snow Showers High 31° LOw 24°		



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Charles Wilson Distribution

Kathy Kraft Graphic Artist



Sabres Spiral Downward -Season In Crisis Mode

The Sabres playoff prospects are diminishing following a blowout 7-2 loss at Edmonton Monday night although there is a lot of time remaining this season. The team has won only six of those 21 games, a record of 6-15 (6-11-4) since the ten game winning streak. That is the second lowest point total in the league over that time only better than the last place New York Rangers

The Oilers are hardly a league power and sat behind the Sabres in the standing but torched the Buffalo's porous defense and shaky goal tending for seven goals. The Sa-bres gift wrapped three goals for the Oilers. Rasmus Ristolainen's flubbed point shot gave Connor McDavid a 120 foot breakaway. McDavid stumbled twice and even looked behind himself briefly, no doubt surprised to see that no Sabres players were anywhere near him before scoring. Marco Scandella centered a pass to Milan Lucic like they were teammates for an easy goal against.

After benching Lawrence Pilut for a horrendous giveaway in the previous game there are many candidates for the press box Wednesday night against the powerful Calgary Flames. Calgary is second in the league standings and possess a high scoring offense featuring four players with more points than Jack Eichel's 49. And defenseman Mark Giordano has 48 points. (This paper goes to print before that game so we have no report on it.)

The question has been asked repeatedly, which is the real Sabres team? The team that went on the ten game winning streak or the team which

for 21 games has rivaled last seasons last place finishers? The consensus seems to be that the real Sabres are somewhere in between those two examples. But these last 21 games constitute a rather large sample size, 25% of the season. This is rather significant evidence that points to the Sabres being a below average team with a lot of holes in the lineup. At that pace they may barely win ten more games before the season is over.

After the debacle in Edmonton there should be big lineup changes for the game in Calgary including the breakup of the top line. Jack Eichel is now pointless in five games. He will break out of this slump eventually. Let him do so with new wingers. It's time to shake up the team and put Jeff Skinner and Sam Rhinehart with Casey Mittlestadt to give the team two scoring lines. And then see what happens.



Connor McDavid and the Oilers took the Sabres to school.

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Lake Effect Diner	
Lonestar Fajita Grill	
Marco's Deli	1518 Hertel Avenue
Mustachio's Pizza	2701 Elmwood Avenue
North Buffalo Community Ctr	
North Buffalo Dental	1600 Hertel Avenue
North Park Library	975 Hertel Avenue
Painted Lady Consignment	
Parker Pharmacy	1388 Hertel Avenue
Parkside Community Center	
Plaka Restaurant	2904 Delaware Avenue
Scissors	1497 Hertel Avenue
TC Jr's	2941 Delaware Avenue
Terries Workout Center	1473 Hertel Avenue
Theater Apts	1065 Kenmore Avenue
Wesselman's Inc	
Western New York Dental Group	1354 Amherst Street
	1541 Hertel Avenue
-	

WEST SIDE

Baptist Manor	276 Linwood Avenue
Between Yesterday & Tomorrow	
Buffalo State College	1300 Elmwood Avenue
Buffalo Public Library	Niagara at Porter
Casa di Pizza	
CWJ Lock & Key	183 Forest Ave
Concerned Ecumenical Ministry	286 Lafayette Avenue
Corner Store	Forest & Grant

Delaware Apartments	1217 Delaware Avenue
Dibble Hardware	
Elmwood Square Apts	505 Elmwood Avenue
Ferry Street Laundry	277 West Ferry Street
Frontier Liquor & Beverage Ctr	121 Grant Street
First Niagara Bank	Elmwood at W. Utica
M&T Bank	130 Grant Street
Santasiero's Restaurant	1329 Niagara Street
Timon Towers	
Trinity Tower Apartments	33 Linwood Avenue
West Market	1032 West Avenue
West Side Community Center	Vermont at Fargo
YWCA	Grant Street

RIVERSIDE

AmVets	25 Review Place
Boys & Girls Club	
D District Police Station	669 Hertel Avenue
Fast Stop Food Mart	
First Niagara	
M&T Bank	
Nickel City Bottle Return	2209 Niagara Street
Northwest Buffalo Community Ctr	155 Lawn Avenue
Riverside Marketplace	
Roland Cannizzaro Insurance Agen	
Tops Market	
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North Buffalo

January 6, 2019

Delaware Ave. - Complainant reports that unknown person gained entry to her residence and took, without permission, her Social Security card. Also missing from the residence was her Benefits card.

January 7, 2019

Elmwood Ave. – Complainant reports that while he was in the store he noticed his wallet was missing. Along with personal papers there was \$80 in cash.

January 10, 2019

January 10, 2019

January 10, 2019

flee.

flee.

Delaware Ave. - Com-

plainant reports an un-

known suspect, wearing a

grey hoodie, armed with a

gun, entered store and de-

manded money, then did

Parkside Ave. - Com-

plainant reports an un-

known suspect, wearing a

grey hoodie, armed with a

gun, entered store and de-

manded money, then did

Delaware Ave. - Complainant reports an un-

known suspect, wearing a grey hoodie, armed with a gun, entered store and demanded money, then did flee.

Riverside

January 6, 2019

Ontario St. - Complainant reports that two black males and two white males, all in their late 20s, jumped him from behind and took his wallet and cell phone.

January 6, 2019

Rano St. - Complainant reports that unknown person(s) entered through an unlocked window. Taken, without permission, a television set, a laptop computer and a cell phone.

January 7, 2019 Riverside Ave. - Com-

plainant reports that unknown person(s) forced his door open and took, without permission, a gaming device along with games.

January 8, 2019

Tonawanda St. - Complainant reports that when she approached her vehicle, which was parked on the street, she noticed the driver's door was open. Upon further inspection, the sound system had been removed, without her permission.

West Side

January 8, 2019

Lafayette Ave. - Complainant reports unknown person(s) gained entry to her residence by unknown means. Taken, without permission, a television set, a desktop computer,

a laptop computer and a gaming system with games.

Janaury 9, 2019

Auburn St. - Complainant reports that unknown person(s) took his wallet containing a debit card and \$150 in cash. Also taken from his residence was a television set.

January 11, 2019

Baynes Ave. – Complainant reports that he was approached by an unknown person who threatened him with a knife and demanded his wallet and cell phone.



Healthy Buffalo

From page one.

creating a healthier and more vibrant community.

"In today's age it is becoming harder and harder for kids to keep healthy and active" says Healthy Buffalo Founder, Chas Kirsh. "There are

so many different forces working against them, including the intense pull of screen time with video games and social media, the exorbitant cost of sports programs and the inaccessibility for a lot of families to have

access to high quality fitness and sports programs for their kids."

Sign In, Registration & Packet Pickup begins at 1:30 pm, followed by Kids Boot camp with Danielle Cronin from the Buffalo Fire Department. There will be an introduction to Boxing with Boxstar Training, soccer with the Soccer Sunday Team, along with a Kids Wellness Presentation with Phil Habestro from the Wellness Institute of Greater Buffalo. Also included is a Basketball

planned for the kids with a lot of great instructors lined up. All kids will get a custom made Healthy Buffalo performance tee, pictures, refreshments, and be featured in a promo video of the event. Cost for those who register by January 19th is \$8 and \$10 for registration thereafter.

Healthy Buffalo will also run a Fitness & Kids Sports program at the Knights of Columbus starting on March 2nd, with three different classes splitting kids up by age groups (4-6, 7-9, 10-12 years old). These classes will incorporate ho-

listic health and fitness and have entry level introductions to various sports (soccer, football, baseball, etc.) throughout the program. \$45per child for the six week program. For more information on these activities visit http://healthybuffalo.org/kids-day/.

H.O.P.E. Youth Summit

From page one.

nership with Buffalo Public Schools Strong Community Schools and SAY YES Buffalo at their Saturday Academies. Here youth will gain further education through workshops to prepare them for life after high school from local professionals, and be given the opportunity to win a scholarship. Grad-

uates from this H.O.P.E. Youth Leadership Academy will be able to continue working in their through communities youth coalitions and other avenues with support from the H.O.P.E. Buffalo team.

The H.O.P.E. Youth Summit has been in existence since 2016 and was developed by Deb-

bie Lombardo, West Side Neighborhood Housing Service Community Outreach Coordinator, and a team of community leaders, to help middle and high school youth in Western New York prepare for the future ahead.

For more information and/or to register for the event, please email HO-PEBuffalo@gmail.com.





FREE PIZZA: A. Davis, 32 Delsan Ct. 14216





How to Brighten Your **Home with Houseplants** that Bloom

By Melinda Myers

Brighten your indoor décor with plants that bloom. Whether growing traditional favorites, flowering tropical plants, or annuals moved inside for winter; their colorful flowers are sure to elicit smiles and months of enjoyment. Just provide the right growing conditions and sufficient light and you will be enjoying months of indoor color.

You may have enjoyed an initial burst of color from traditional favorites like African violets and orchids but struggled to get them to flower again. Maximize your enjoyment and their colorful floral display by providing sup-plemental lighting. Plants with colorful flowers benefit from brighter or longer periods of light, especially in winter, than what streams through your windows. Grow lights, which provide bright, full-spectrum illumination, are an

ideal solution.

You can find many types of grow lights, including simple hanging lamps, DIY fixtures, and metal stands. These are often relegated to the rec room or basement but might be less welcome in your living room. Consider furniture-style light stands like the Bamboo LED Grow Light Gardens (gardeners.com) that will complement your living spaces. They're outfitted with special high-output bulbs, tucked out of sight and more than twice as bright as most standard LEDs. This allows you to grow most flowers and even some fruits without the need to raise and lower the lights to accommodate different plant heights.

Expand your indoor flowering plant collection with a few tropicals. Here are just four of my favorites.

Give flowering maple

(Abutilon) bright light and cooler winter temperatures to enjoy their beauty all year long. The solid green or variegated maple-shaped leaves inspired their common name. Plants may be compact and upright or vining, while the flowers may resemble those of hibiscus or dangling lanterns. Select varieties known for year-

round flowering. Create a focal point with the unique blooms of chenille plant (Acalypha). The long, fuzzy, cascading flowers resemble chenille yarn. Perfect as a hanging basket, set upon a plant stand or pruned into tree form. This plant needs high humidity and plenty of light to maintain its health and year-round beauty indoors.

Enjoy $_{\mathrm{the}}$ coppery bronze flowers of the shrimp plant (Justica brandegeana). This long blooming Mexican native performs best in bright light and high humidity. Use it as a hanging basket, prune into a small tree or set it upon a plant stand where the cascading shrimp-like flowers can be enjoyed.

Brighten your fall and



Bamboo LED Grow Light Gardens are attractive and have bulbs more than twice as bright as most standard LEDs.

winter décor with lipstick vine (Aeschynanthus). The vivid red flowers emerge from dark maroon structures, resembling a tube of lipstick. The glossy green foliage adds needed greenery indoors throughout the vear. The more light these plants receive, the better the floral display.

pact. As always, check the plant tags for specific care

instructions. You can boost your indoor floral display by placing annuals you're overwintering, such as geraniums and mandevilla, under lights to encourage blooming. Give these plants bright light, water thoroughly as needed, and enjoy the extra color. Prune if necessary, to keep the plants full and com-

Incorporating flowers into your living space will boost your mood and reduce stress while livening your indoor décor.

Personal friend of the Gecko.

Timothy C. Lynch | 716-832-3253

1330 Niagara Falls Blvd Tonawanda, NY 14150 Across from the Boulevard Mall



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** City of Buffalo Animal Shelter 380 N. Oak St. Buffalo Buffalo_Shelter@yahoo.com To see more great pets, visit: http://www.petfinder.com/pet-search?shelterid=NY341

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Ask Rusty – What Percent **Öf My Benefit** Will My Spouse Get?

Dear Rusty: My wife and I were both born in 1959 and we both turn 60 this year. Both of us will be eligible for Social Security based on our work records to date, but my SS benefit is much larger than hers. Scenario: $\bar{S}ay$ we both retire from work at 60. For simplicity let's say neither of us works in retirement, my wife claims Social Security at age 62 and I claim at my full retirement age of 66 plus 10 months. What will her spousal benefit be, as a percentage of my benefit, when she starts receiving it when I claim at my full retirement age? Signed: Planning Ahead

Dear Planning: A spouse claiming benefits at full retirement age (FRA) can get 50% of the higher earning spouse's FRA benefit, if that amount is more than she is entitled to on her own record. But if your wife claims her own Social

Security retirement benefit early at age 62, her spousal benefit will be reduced even if it starts at her full retirement age. The reason is that her total spousal benefit will be the sum of her own age 62 benefit plus a "spousal boost" computed from both of your FRA benefit amounts - the spousal boost will be the difference between your wife's own FRA benefit amount and ½ of your FRA benefit amount.

Let's use an example: if your wife's Social Security benefit at her full retirement age is \$1,000 and your benefit at your full retirement age is \$2,400, your wife's spousal boost would be \$200 (\$1,200 minus \$1,000). If your wife has reached her FRA when you claim benefits that amount would be added to her reduced age 62 benefit of \$708 (70.8% of her FRA benefit amount), which would

make your wife's total spousal benefit amount \$908 (\$708 plus the \$200 spousal boost).

So, in this example, your wife's total benefit would be about 38% of your FRA benefit amount, rather than the 50% she would get by waiting until her full retirement age to apply for both benefits. You can apply that same formula using your currently estimated FRA benefit amounts as provided by Social Security to arrive at a more precise percentage, but it will be somewhere in the 38% range, reduced from 50% because she is taking her own Social Security retirement benefit at age 62.

Of course, your wife's own full retirement age benefit must be less than 50% of your FRA benefit for her to even be eligible for a spousal benefit. And, since you were both born in 1959, if you both claim benefits some months before your wife has reached her full retirement age, her "spousal boost" amount will be actuarially reduced according to the number of months before she reaches FRA that you claim. The only way your wife can get the full 50% of your FRA benefit amount is by waiting until she has reached her full retirement age to claim Social Security benefits.



AREA SENIOR CENTERS

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NORTH BUFFALO COMMUNITY CENTER 203 Sanders Rd. Buffalo 14216 874-6133

RIVERSIDE 155 Lawn Ave. Buffalo 14207

876-8108

KENMORE KENMORE SENIOR CENTER 135 Wilber Ave, Kenmore 14217 873-0737

WEST SIDE

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<i>MAGIC MAZE</i> • INTERNATIONAL SANDWICHES														
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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally														
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rapevine

York and include handson service projects and exploration of restoration work in progress. For online registration and more information, please visitwww.bnwaterkeeper. org/wateracademy. For questions contact call \$52-7483 extension 19.

New York State Department of Environmental Conservation, and Friends of Reinstein Woods, invites the public to celebrate "Winter Wonderland in the Woods" on Saturday, Feb-ruary 9th from 12 pm to 4 pm at Reinstein Woods Nature Preserve, 93 Honorine Drive in Cheektowaga. Visitors can discover a variety of outdoor pursuits during the event. Messinger Woods Wildlife Care and the SPCA Wildlife Department will have live animals and be available to discuss wild rehabilitation. There will also be door prizes, costumed characters, exhibits, and more. The event will take place regardless of snow conditions, and additional activities featuring nature experiences will be added in case of warm weather. For more information viswww.reinsteinwoods.



Collaborative, $\mathbf{5}$ W. Northrup Place, Buffa-

lo, will hold a Handmade Valentine Workshoppe on Tuesday, February 13th at 5:30 pm. Join in and make unique and personal valentines for your special someone. Everything you will need to make a unique card will be available, including inspirations. Several pop-up options and templates will be available. For more information lease visit ourheights.org.



The Dare to Repair Café kicks off its third year of fixing stuff instead of ditching it. The next workshop will take place on Monday, January 21st at the Buffalo Museum of Science, 1020 Humbolt Pkwy, from 10 am to 1 pm. The goal of this new partnership is to fix things for free and to teach kids technical knowledge and hands-on repair skills. Individuals interested in getting more involved with the Dare to Repair Cafés as a volunteer or fixer are encouraged to visit thetoollibrary.org/daretorepair.



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NOTICE OF FORMATION of a Limited Liability Company (LLC): 2952 SSR, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on December 17, 2018. Office location is Erie County. SSNY has been designated as agent upon who process against it may be served. SSNY shall mail a copy of any process served upon him/her to Shaun Jackson, Esq., 570 Delaware Avenue, Buffalo, NY 14202. Purpose: to engage in any lawful act or activity.

PUBLIC AUCTION to satisfy overdue storage charges pursuant to UCC Code Section 7- 209, 210, and/or Articles 8 and 9, Sections 182, 184, 201, 201A-203 of the Lien Law of the State of New York, January 27, 2019 through February 3, 2019 online at www.cashauction. com. The following units will be auctioned from Metro Self Storage Center: 2F435A Avery Edwards, GL802 Tara Wells, BK015 Rosemarie Russ, LL162 Alicia DeJesus, 2F434 Via Biddings - all units are contents of storage unit. This list is an incomplete, representative sample only. All items subject to redemption before sale, and are sold "as is, where is." 15% Buyer's Premium. Cash Auctions 885-2200. 4

Buffalo City School District Request for Proposals

Sealed proposals for the following project will be received at the office of Plant Services, 403 City Hall, Buffalo, NY 14202 on Friday, February 22, 2018 at 4:00 p.m. Proposals will be opened and reviewed

Energy study/project to assist the District to become as energy efficient as possible through installation of energy conservation measures and implementation of

Pair of living room lamps, wood and frosted glass. \$40. 694-6598. 3

Newer Ikea Poang chair, maple frame, brown upolstery. \$80. 876-1816.

Trivial Pursuit (Genius edition), near mint condition. \$10. 836-1913.

Lady Victoria 20 pc Crystal Barware Set. Mint condition. \$25. 836-1913. 50 Queen wooden headboard \$25 or B.O. 860-3510. 3

Straight Reese Hitch, brand new with 2 inch ball. \$40 or B.O. 860-3510. 3

4 truck tires. \$99 875-6298. 3

AT&T Trimline Telephone, Mint Condition In Box, \$10.00. Call 836-1913 3

Black & Decker Electric

optimal operation and maintenance procedures at 23 school buildings. The School District wishes to implement the proposed comprehensive energy project on an energy performance contract basis.

A mandatory pre-proposal conference will be held at School #307 East HS on Tuesday, January 29, 2019 at 9:00 a.m.; please assemble at the main entrance. Buffalo Public School staff will be present. Eligible proposers are required to attend this conference.

The work will be subject to the equal employment opportunity requirements. Proposals are available on request and at the New York State Contract Reporter website: http://www.nyscr.ny.gov. Any questions regarding this project, please refer to Paul McDonnell, AIA at 716-777-1760 or pmcdonnell@ buffaloschools.org.

Paul McDonnell, AIA Director of Facilities Planning 3

Board of Education Buffalo, New York **Division of Purchase** 716-816-3585

Sealed proposals will be received in Room 816 City Hall:

BID# 19-0619-072 Scientific Calculators for South Park High School

BID# 19-0619E5-073 **Connected Communities**

Specifications and bid forms are available at www.buffaloschools.org/

Sander. Works good. \$15

3

Michael S. Yeates Director of Purchase

or B.O. 860-3510.

purchasedept/bids

FOR SALE

Velour Recliner rocker, re- clines to sleep. \$99. 313- 3305. 3
Set of five chairs, antique white, shabby chic, sturdy. \$99.662-6190 3
Black & White Beatle Cards 1964 - near mint condition. 5 cards \$25. 836-1913. 50

PS-4 Blue Ray, EA Madden NFL 18. \$5. 860-3510.

Weather Tech floor mats for 2000 Pontiac Bonneville, front, back & trunk. \$98. 984-6048









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PO Box 271, Buffalo, NY 14207

Buffalo Rocket FREE CLASSIFIED AD - YOUR CONTACT INFORMATION WILL NOT BE PUBLISHED -

Name: Address (Street, Town or City & Zip Code):

Phone Number:

What do you want to sell? (title of item, like "Washing Machine")

Describe the item in a few words:

How much do you want for the item: **\$** or FREE (circle) or CALL (circle)

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Phone Number where people interested in your item can reach you:

